



DAY 21

INSTRUCTIONS

MORNING PRACTICE : REMEMBERING SOUL

STEP ONE

Start your morning practice.

Choose the meditation, visualisation, or practice that will take you to your sacred connection with Love. Today you have made it to 21 days of continual practice. You have created a habit!

Well done!

MID-DAY PRACTICE :

Please read the excerpts from the Gospel of Thomas and the Gospel of Philip. Let these teachings roll around your psyche. This is your last mystery inquiry of Fierce Grace.

What do these words teach you today?

EVENING PRACTICE

Tonight there is a new meditation and teaching transmission in the Fierce Grace Sanctuary. After your choice of evening practice, light a candle to invoke the presence of sacredness in your life and sit comfortably while you listen to the meditation. Allow this transmission to transform you.

Tomorrow there will be a new meditation for you to explore and your final notes will show you how to end our time together.

Have a beautiful day. xx

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

DAY 8

DAY 9

DAY 10

DAY 11

DAY 12

DAY 13

DAY 14

DAY 15

DAY 16

DAY 17

DAY 18

DAY 19

DAY 20

DAY 21

DAY 22



GNOSTIC TEXTS

Light and Darkness, life and death,
right and left,
are brothers of one another.
They are inseparable.
Because of this neither are the good
good, nor evil evil, nor is life life, nor
death death. For this reason each one
will dissolve into its earliest origin.
But those who are exalted above the
world are indissoluble, eternal

- The Gospel of Philip -

"When you
make the two into one,
and make the inner like the outer
and the outer like the inner,
and the upper like the lower,
and so make the male and the female a single
one so that the male won't be male nor the
female female;
when you make eyes in the place of an eye,
a hand in the place of a hand,
a foot in the place of a foot,
and an image in the place of an image;
then you'll enter [the kingdom]."

- The Gospel of Thomas -